



BEAUTY & WELLNESS THERAPY

DIPLOMA IN LASER AND LIGHT TREATMENTS

COURSE STRUCTURE

Our ITEC International Diploma in Laser and Light Treatments will enable students to gain the necessary practical and theoretical skills to provide advanced skincare treatments in the aesthetic field. This includes, but is not limited to laser and light treatments for various skin rejuvenation and hair removal applications.

COST

Non-refundable upfront registration fee: R4500.00
Course Cost Cash Option valid till 01st of May 2024: R36 000.00
Course Cost Monthly Option valid till 30 Nov 2024: R38 880.00 (monthly payments of R3888.00 over 10 months)

COURSE REQUIREMENTS

Before embarking on this course, students need a one or two year pre requisite qualification in Beauty Therapy or Health and Skincare Therapy, which includes Basic Skincare treatments and knowledge, as well as Anatomy 1 & 2. If Anatomy was not part of your qualification, the subject will be additional to your syllabus at an extra cost.

GENERAL INFORMATION

Our diploma run for six months during which students will complete theory and practical classes. After the six months, students have until the end of the year to complete their case studies and experiential hours (200 hours in total). At the end of the year, students need to hand in all case studies and assignments and pass both Qualitas and ITEC theoretical and practical examinations in order to be competent.

Please note that practical subjects will include a training kit, which is liable for an additional fee per module.

QUALIFICATION PATHWAY

To qualify, students entering this program will fall into one of two categories, depending on their previous qualification. Any student with a two-year Beauty Therapy qualification can progress directly into our Laser and Light Treatment Diploma. The syllabus of students, who enter our qualification from another institution, will be assessed to ensure all requirements are met.

Students with any one-year qualification in Beauty Therapy will be required to complete additional subjects at an additional fee:

- Anatomy and Physiology II: R4000.00
- Advanced Skincare: R4000.00 (for all 5 modules)
 - Electrical Science
 - Advanced Skin Analysis
 - Acne & Extractions
 - Pigmentation
 - Sun Damage

SYLLABUS

Our diploma include five mandatory subjects:

- Physiology of Ageing (including Botox/Fillers/Skin Boosters theory and demonstrations) – where therapists can and cannot practice.
- Laser and Light Treatments for Skin Rejuvenation theory and practical including IPL, Diode and NdYAG Carbon Laser Treatments
- Laser and Light Treatments for Hair Removal theory and practical
- Management of Health, Safety and Security in the Salon
- Advanced Aesthetic Treatments theory and practical including wound healing, acne, pigmentation, scarring and ageing protocols

Advanced Aesthetic Treatments are structured around elective subjects, of which the following three are included in the course fees:

- Dermaplaning (kit included)
- Chemical Peels (school kit to be used for one product house protocol – additional products house kits at extra cost)
- Microneedling (kit at extra cost)



The following electives can be included at an additional fee per subject. Training will include theory and practical hands on training and certification.

Microneedle RF / Fractional RF	The procedure involves penetration of insulated microneedles into dermis to deliver high-tensioned radiofrequency pulse into the targeted tissue. This results in the body's own production of elastin and collagen fibres, making skin firmer and healthier. RF combines with the microneedling, so the RF heat is not on the outside layer of the skin, it penetrates much deeper, leaving the top skin layer cool.	R2500
Oxygeneo – 3 in 1 Super facial – Exfoliation, infusion & Oxygenation also includes RF & Ultrasound.	Overall, an Oxygeneo facial increases blood flow and nutrients to the skin by stimulating carbon dioxide that causes a cascade of mechanisms to release oxygen from within the skin cells. This increased oxygen and blood flow to the skin, along with cleansing and exfoliation, is able to remove dead skin cells and bring nutrients to healthy skin cells.	R3500
Dr Platton – Jet Plasma AND	Cell Regeneration and skin tightening , Pigmentation Control & Skin lightening , Sterilization of the skin (Ozone) Increased product absorption.	R2500
RF Eye Care / RF Monopolar	Radio frequency is great for the face and eyes, tightening the skin and reducing fine lines. It stimulate superficial and deeper tissue; improve oxygenation, nutrition and microcirculation. Application of RF help to minimize wrinkles, increase skin elasticity, modelling oval face and improve the appearance.	
CO₂ Fractional Laser	CO ₂ Fractional Laser Treatment is a surgical-grade Carbon Dioxide laser that essentially speeds up your skin healing process by removing old and tired cells by means of a laser. This stimulates the production of new skin cells and collagen that leaves the targeted area of skin looking and feeling tighter and rejuvenated.	R3500
Uthera – Hifu – Face Lift	A quick, effective non-surgical face-lift using Ultrasound technology. HIFU™ tightens pulls and lifts those problematic areas – giving the appearance of a face-lift – without any surgery or downtime!	R3500

FULL TIME DIPLOMA IN LASER AND LIGHT TREATMENTS COURSE BREAKDOWN (G.L.H.)

SUBJECTS	HOURS PER WEEK	TOTAL
PHYSIOLOGY OF AGEING	3 hours per week	64
LASER AND LIGHT TREATMENTS FOR SKIN REJUVENATION	4 hours per week	74
LASER AND LIGHT TREATMENTS FOR HAIR REMOVAL	4 hours per week	74
MANAGEMENT OF HEALTH, SAFETY AND SECURITY IN THE SALON	2 hours per week	44
ADVANCED AESTHETIC TREATMENTS	1 hours per week	22

FULL TIME TOTAL QUALIFICATION HOURS (T.Q.H.)

- Six months full time for theory and practical
- Six months practical at a salon to complete experiential hours
- Includes 200 experiential hours to be done by students, this includes student clinic at Qualitas as well as at a salon of their choice
- Students need to complete case studies for each practical subject, 80% of which has to be done under supervision
- Theory only subjects include an assignment to be completed, which requires research to be completed by student
- All subjects include a test and theory exam
- Practical subject includes one to two assessments as well as a Midyear exam and an End year pre-assessment and practical exam.

